



VOLUME 1 ISSUE VI JUNE 2013
DEPARTMENT OF TEACHER EDUCATION

XPRESSIONS



*When we teach and learn
We discover the magic of His Creation
Each moment is unique and beautiful
A powerful and Blessed Revelation*



SHIATS, DEEMED TO BE UNIVERSITY, ALLAHABAD

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EDITORIAL

Greetings to all, in the name of our Lord and Saviour, Jesus Christ. We present here the last issue of 'Xpressions' for the session 2012-13. Like the others this issue is also packed with activities and programs, which we believe, give an edge to our students over the others in their careers.

We are extremely grateful to our Pro. V.C (Academic Affairs) and Dean, Allahabad School of Education, Prof. Dr. Newman Fernandes for his continuous heartfelt appreciation and encouragement, our HOD Prof. Dr. Marion Mathew C.J., for her constant guidance and help and support and co-operation of the faculty and students.

Last but not least, this newsletter owes a lot to the hard work and dedication, of student editors Mohd. Imran, Zebish Farheen and Shubodit Wellington.

EDITORIAL BOARD



Kirti Cutting, Samala Suneeth Masih and Kamini Singhal

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Prof.(Dr.)Newman Fernandes
Pro V C (Academic Affairs)
& Dean, Allahabad School of Education

MESSAGE

It is true that Sarva Shiksha Abhiyan and Right to Education (RTE) Act, have played a tremendous role in bringing children to the school, but enough is not enough.

The latest survey conducted by UNESCO regarding out-of-school children in the world, places India in a very embarrassing position. India stands fourth from the bottom—such is the large number of children in India, who have not yet reached the doors of a school. Almost all countries of the world are ahead of us.

Our young students, who have completed B.Ed. and M.Ed. and will be qualified to teach after clearing the eligibility test, should take up this challenge, to spread the message of the need for schooling in Uttar Pradesh, which is the largest populated State in India.

I congratulate the Editorial Board, consisting of three teachers and three students, for their perseverance and dedication to 'Xpressions'. It is due to their commitment and hard work, that regular issues of 'Xpressions' were made available to us. My sincere gratitude to the HOD, faculty and students, for their contribution to make the academic year 2012-2013 very successful.

MESSAGE



Prof.(Dr.)Sister Marion Matthew C.J.
H.O.D.Dept of Teacher Education

Sea is common for all, some take pearls, some take fishes and some come out just being wet. Similarly, the teaching profession is for all who venture into it, but the wise are those, who aim at the transformation of society through quality education.

‘Every beginning has an end and every promise, a new beginning.’ Another academic year has ended, leaving us with the cherished memories of dreams fulfilled, relationships built, goals met, new ventures delved into, joy of working in a team and above all the satisfaction of having accomplished most of what we set out to do. The academic year was filled with activities, seminars, workshops and special events. Our M.Ed. and B.Ed. students thoroughly enjoyed the thrilling moments of our School of Education, wherein they were provided with umpteen opportunities to showcase their talents, groom their personality, develop various skills, enhance experience and knowledge about the intricacies of becoming an effective teacher to deal with the challenges of the modern generation.

Apart from the usual activities, we initiated programs such as ‘Each one teach one’ and cleanliness drive of Arail Ghat on the banks of the holy river Ganga , which gave them an insight into serving humanity and preserving the uniqueness of our planet earth. All the extension programs and outreach activities were organized with a goal to awaken the social responsibilities of our future teachers towards humanity and thus enable them to value the liberative powers of education.

Quality education can only be brought about by teachers who are committed and sensitive to the needs of each student, who is entrusted to their care. I am happy and grateful to all the faculty members who have worked tirelessly to enable our pupil teachers to be creative and challenged them to ‘think out of the box’.I wish all our students, God’s abundant blessings and success in their teaching profession and pray that they may always uphold values, imbibed in our institution, to lead a meaningful life with the help of God Almighty, who alone, is the driving force of our existence and all endeavours.

His Will For You



Dr. Nathaniel Stephen
,Deputy Registrar, Education

'Great is His faithfulness, His mercies begin afresh each morning'

Lamentations 3:23

We must know that no matter what we have done, it is never too late to set the things right. There is no choice wrong enough, no chain strong enough and no time that's gone by long enough, that can keep us from making things right in our life.

There may be worldly obstacles, that create impediments in our way, and do not allow us to make things right, but it is God who rebuilds what is broken. Remember, you can't change what has happened, but you can start anew.

Every day is a new day and His mercies are new every morning. So pray and ask Him to show you how to make things right. If you work according to His will, you will attain true happiness, as He alone, knows what is best for you.

There is only one prayer that pleases God—
The prayer that asks
for the accomplishment of His will



Workshop on Work Experience

A two day workshop on 'Work Experience' was inaugurated in the Dept. of Teacher Education, SHIATS, on 9th April, 2013. The chief guest was Pro Vice-Chancellor (Acad. Affairs) Prof. (Dr.) Newman Fernandes and the resource person was Dr. Shrishti Purwar, Head, Dept. of Fashion Technology, University of Allahabad. The HOD, Prof. (Dr.) Sr. Marion Mathew C.J. welcomed all. She said that the workshop was an effort to hone the creativity and aesthetic sense of the pupil trainees, so that wherever they went, they would be unique teachers, who would not only teach, but help in developing their students holistically.

Prof. (Dr.) Newman Fernandes, in his address, said that apart from academic teaching, stress on practicals and activities was a must. We need to develop apart from creativity and innovation, their skills. The National Mission for Development of Skills was an effort for planning and implementing this aspect. Experiential Learning sessions were, as a result, being followed in the different departments.

Dr. Shrishti, coming straight to the work at hand, began with a little introduction to Madhubani Painting, which was the art to be taught in the workshop. It was a folk art originating from Mithila district in Bihar. It was based on culture and tradition, using primary, secondary and tertiary colours. The colours applied were flat with no shading. It was done by womenfolk. It was a stylized form of painting. She showed a beautiful power point presentation of different types of the painting. She also showed some articles that could be painted and used in our daily lives like mobile covers cushions, shirts, book covers etc.

She then proceeded to begin the teaching in the second half of the session by covering a white sheet of paper with henna. Designs were given to the students to be drawn freehand. These were to be outlined in black. The day ended, with all looking forward to the next day's work.

On the second day, the designs were outlined in black. They were very intricate, with very little space being left, so it took a long time to complete the outlines. After this the geometrical shapes, motifs of flowers and animals, deities, ceremonial and religious scenes, were painted flat with no shades. The colours were earthy and similar to those obtained by vegetable dyes in ancient times.

The final results were amazing. The whole lecture hall was exceptionally quiet as each one, boy or girl, was engrossed in following the instructions of the patient and dedicated resource person, Dr. Shrishti. Her painstaking efforts could be seen in the work done and joyful expressions on the faces of the students. The HoD Prof. (Dr.) Sr. Marion Mathew C.J., took a round, motivating and appreciating the outcome of the workshop. She thanked Dr. Shrishti Purwar for making the workshop a very fruitful and cherished experience.

The finished paintings were laid out in the library, where Prof. (Dr.) Newman Fernandes, was kind enough to take time out to choose seven best ones. The students gave their feedback, later in the lecture hall, saying that they had done something, they never thought, they would be able to do so easily and with such expertise. This form of painting, was very expensive in the market. Now they would be able to teach their students, this famous and sought after art, as work experience. All agreed that they had learnt a skill, that could be used, both as a hobby and a rewarding and productive profession.



THE SEVEN BEST PAINTINGS SELECTED BY (DR.) PROF. NEWMAN FERNANDES

PRO VC (ACADEMIC AFFAIRS)



GLIMPSES OF THE WORKSHOP

Social Media to Enhance Students' Learning Experiences in Higher Education



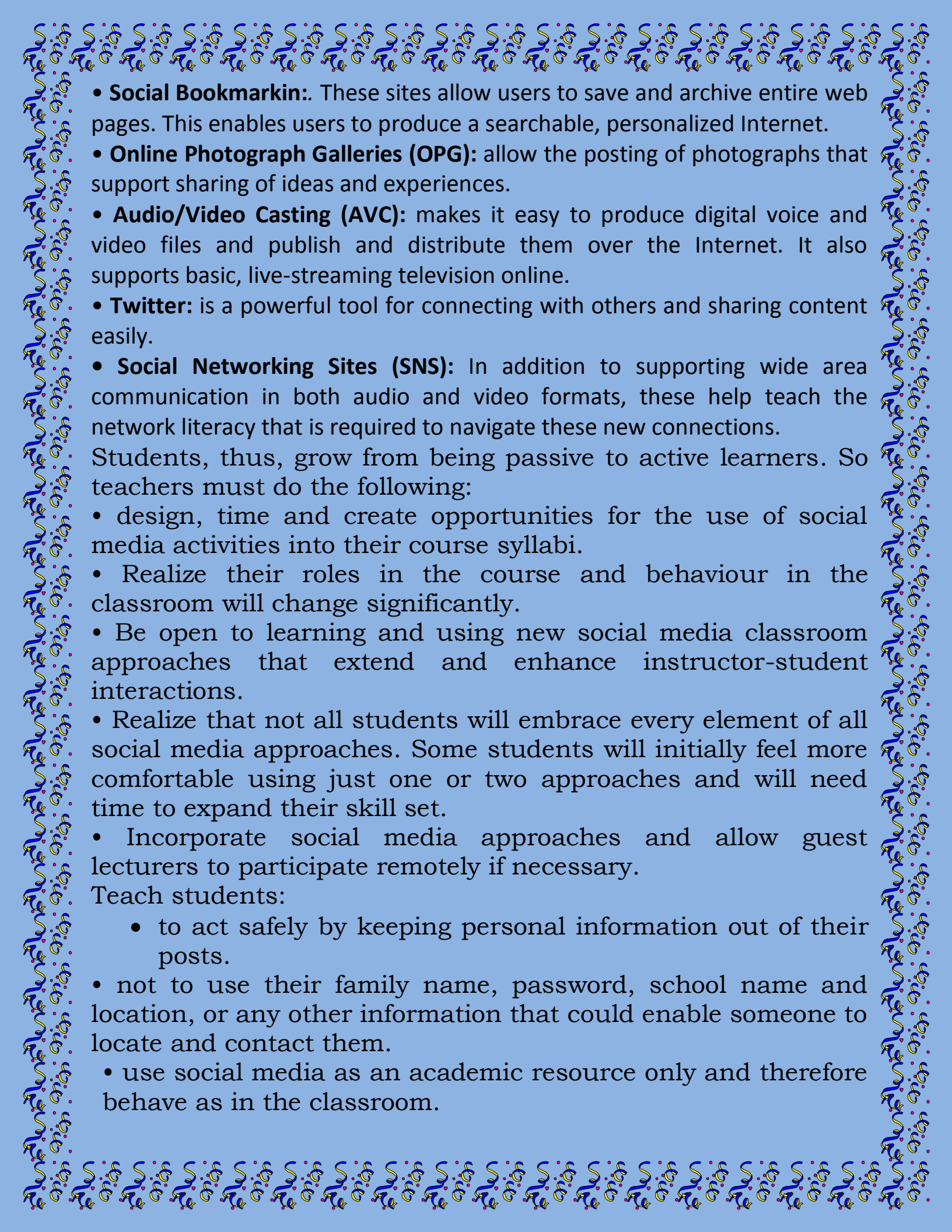
Dr Ajay Kumar Singh
Assistant Professor,

Social media technologies offer the capability to both receive and create content with the hope that a collective intelligence emerges.

Social media tools are rapidly changing the communications landscape. Their emergence has impacted significantly how students learn and the way instructors teach. Today, in higher education settings, instructors, students, and others must collaborate on the tasks of knowledge construction. The influence of social media applications can reinforce class material and positively influence discussions, collaborative work, and authoring. Educators and researchers are constantly experimenting with social media technologies hoping to stimulate critical thinking skills, collaboration, and knowledge construction.

The goal is to improve students' learning experiences to prepare them to enter a workforce that is not geographically constrained and expects them to have highly developed online collaboration skills. The pursuit of such benefits drives academics to incorporate new technological approaches in their teaching methodology. The new technologies that are changing the way instructors teach and students learn include the following:

- **Weblog:** are easily created and updateable websites that allow authors to publish in the Internet instantly, thus allowing instructors and students to communicate easily.
- **Wikis:** are a collaborative web space where anyone can add or edit content that has already been published.
- **Really Simple Syndication (RSS):** allows users to subscribe to news feeds originating either from blogs or more traditional web spaces like newspapers and magazines.



- **Social Bookmarking**:. These sites allow users to save and archive entire web pages. This enables users to produce a searchable, personalized Internet.

- **Online Photograph Galleries (OPG)**: allow the posting of photographs that support sharing of ideas and experiences.

- **Audio/Video Casting (AVC)**: makes it easy to produce digital voice and video files and publish and distribute them over the Internet. It also supports basic, live-streaming television online.

- **Twitter**: is a powerful tool for connecting with others and sharing content easily.

- **Social Networking Sites (SNS)**: In addition to supporting wide area communication in both audio and video formats, these help teach the network literacy that is required to navigate these new connections.

Students, thus, grow from being passive to active learners. So teachers must do the following:

- design, time and create opportunities for the use of social media activities into their course syllabi.

- Realize their roles in the course and behaviour in the classroom will change significantly.

- Be open to learning and using new social media classroom approaches that extend and enhance instructor-student interactions.

- Realize that not all students will embrace every element of all social media approaches. Some students will initially feel more comfortable using just one or two approaches and will need time to expand their skill set.

- Incorporate social media approaches and allow guest lecturers to participate remotely if necessary.

Teach students:

- to act safely by keeping personal information out of their posts.

- not to use their family name, password, school name and location, or any other information that could enable someone to locate and contact them.

- use social media as an academic resource only and therefore behave as in the classroom.

Effective Classroom management



Dr. Syed Hasan Qasim
Assistant professor

'One looks back with appreciation to the brilliant teachers, but with gratitude to those who touched our human feelings. The curriculum is so much necessary raw material, but warmth is the vital element for the growing plant and for the soul of the child.' — Carl Gustav Jung

Classroom management refers to all the things that a teacher does to organize students, space, time, and materials so that learning can take place. It comprises a plan—a set of procedures that structure the classroom so the students know what to do, how to do, and when to do. Classroom management is often seen as a synonym for discipline, but discipline is behaviour management. Effective teachers have a classroom that is organized, structured, and consistent with procedures—steps that guide students how to get things done. One of the most important gifts we can give our students is to be consistent and predictable, because many of our students come from homes where chaos and unpredictability are the norm. Research shows that when we provide a place for our students that is safe, predictable, consistent, and nurturing, we see increased student achievement.

While aspiring teachers can increase their knowledge and develop their skills, their intrapersonal and interpersonal character, in addition to their spiritual beliefs, is likely to remain the same. The first is how the teacher treats the students. Effective teachers must respect them as learners and people, and demonstrate care and commitment. By this, they can recognize possible barriers to learning and seek ways to overcome them. Secondly, they also need to communicate their enthusiasm, for such displays will produce an immediate increase in student motivation. By focusing their instructional goals on the acquisition of mastery rather than competitive and comparative goals, superior teachers prompt students' intrinsic motivation to become the force behind their learning. If the teacher is not interested in the material he/she is presenting, the outcome will be student boredom and dislike for the subject as well.

An effective teacher must demonstrate all the skills listed above. However, I would like to mention, five other characteristics of an effective teacher:

- (i) loving the profession;
- (ii) going beyond the lesson time;
- (iii) creating a suitable yet comfortable physical classroom environment;
- (iv) practising the art of scaffolding
- (v) weaving values, leadership and thinking skills into the lesson and creating class rules and boundaries through repetition and humour.

Slow To Anger, Quick To Forgive



Mrs. Kirti Cutting
Assistant professor

"The Lord is gracious and full of compassion, slow to anger and great in mercy" (Psalm 145:8).

"He who is slow to wrath has great understanding, but he who is impulsive exalts folly" (Proverbs 14:29).

"A wrathful man stirs up strife, but he who is slow to anger allays contention" (Proverbs 15:18). "

The discretion of a man makes him slow to anger, and his glory is to overlook a transgression" (Proverbs 19:11).

"So then, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath" (James 1:19).

"A soft answer turns away wrath, but a harsh word stirs up anger" (Proverbs 15:1). Consider carefully the above wise words. Then, if and when anger is expressed, it will likely be under control. That's the way He expects us to be! You have probably heard the good advice of "stop and count to 10" and "take some deep breaths" rather than lashing out with words you'll regret—words that will escalate conflict rather than make peace.

Truly, the first step of long suffering is to exercise restraint. We must think first and ask ourselves the question- What does God want me to say or do? If your feelings are hurt and you feel the need to immediately say something, speak softly, but don't say anything to hurt back. Then take as much time as you need to pray and plan regarding the wise and constructive way to approach the other person. Your goal is to act lovingly rather than reacting hatefully.

When a person is too concerned about winning an argument, he can end up losing a friend. Learn to be agreeable even when you disagree. Pray for God's help to do this and see how relieved and happy you feel. For a teacher, more than in any other profession, this quality is a must.

Value Based Education



Vivek Kumar Stephen
Assistant professor

The problem is that we teach students with proper effort, with good means and good technology, but more often than not, without values, which is the most important part of education.

Today all are interested in improving the educational process and are seeing a lot of corruption around us. Why? If we are giving good education, by good means and good teachers, then why are we not able to produce good citizens? If a person has a lot of knowledge and wealth, which are today's symbols of success, but no values, what is the use? Qualified teachers, educational technology, proper methodology and good facilities are required, but values are a must. Value education is a unique investment in the present, for the future.

In our culturally plural society, education should foster universal and eternal values, oriented towards the unity and integration of our people. It will eliminate obscurantism, religious fanaticism, violence, superstition and fatalism. Apart from this combative role, value education has a profound positive content, based on our heritage, national and universal goals and perceptions. Many aspects of education like work experience, scouting, drawing and music etc, are either totally neglected or receive very little importance if grades are given in them.

Values cannot be taught by just delivering lectures or/and screening films. It requires action and interaction between the students, teachers and society. In order to help the process of inculcation, methods such as reinforcement, games, simulations, role playing etc. are used. The present generation is seriously handicapped with little devotion to the nation, mental disintegration, growing unemployment, etc. leading to serious frustration. To see a New India, we must help our students change themselves.

Role Stress of Working Mothers



*Giving whatever they are doing at any given moment, their hundred percent, planning their work and time priority wise and keeping faith in God and themselves, is perhaps the best way out. This is easier said than done, but then, life is all about always trying to do the **best**.*

Mrs. Kamini Singhal
Assistant Professor

World over today, women are proving themselves worthy, in almost all professions one can think of! NASA has recently, shortlisted, 8 astronauts for future space exploration voyages, to Mars and some asteroids and four of these happen to be women. We are all aware how tough and rigorous these selections are. Only the best are chosen. Presidents, Prime Ministers, Ministers and Heads of world organizations, in many countries of the world, again happen to be women. These working women, having responsibilities as mothers, as well as responsibilities at their workplaces, often tend to experience stress, that needs to be dealt with in a healthy and practical manner, so that their dual roles do not suffer. India, with its rich traditions and culture, began with joint families, went on to nuclear families, as globalization seeped in and in the present post modern scenario, is witnessing fragmented families.

These are families where due to constraints of work and career, the husband is in one city or country and the wife, in another, usually with their children, at least till they reach their teens. Career and wealth have gained and are continuously being given priority, over family relationships, health, relaxation, spiritualism, etc. Recent researches have shown that proper counseling and support, by relatives, friends and sometimes even strangers, help to build an environment, both at home and workplace, that helps to reduce role stress. However, it has also been seen, especially in the Indian context, that even when surrounded by a peaceful and supportive environment, working mothers, still bear the guilt of not being able to do justice, to their husbands, children and their work. The time when they are required at both places, happen to be the same. Their stress can be minimized by realizing that they have their limitations, having a positive attitude, taking time out to indulge in favourite pastimes, meditation etc., to name a few.

A Memorable Trip

Our educational tour to Mumbai was the most awaited moment for every B.Ed. student in the Dept. of Education. We were divided into groups , with a leader and an assistant leader to facilitate smooth planning and organization, both during the journey, and the stay. All were very enthusiastic about it all and began all the preparations as soon as the information pertaining to the journey was released .

On 27th February, 2013, we boarded the train in the morning for Mumbai, something which was already a part of our dreams for long. All of us had a lot of belongings to look after and be responsible for. None of us could conceal the delight in our hearts .As always we began our day , with a prayer. The journey was long ,but enjoyable. We learnt to interact and understand each other better.It was the first time, for most of us,that we were undertaking a long trip with so many of our fellow pupil trainees.

Our principal aim was to visit another B.Ed. college, and see firsthand, its working. The moment we arrived at the station of Mumbai ,inspite of being tired, our faces reflected a glow of happiness. What we all felt, was excitement instead of exhaustion! We checked in hotel International Inn in Andheri East and a guide had been arranged who took us to various places, providing the required and relevant information about the different sites as well. So, after taking our lunch, we went to Juhu beach, where we had a lot of fun and stored the memories, that were being captured in almost 150 cameras,simultaneously. It was a novel experience for us.

We thank God, our Dean, Prof.(Dr.) Newman Fernandez, our HOD Prof.(Dr.) Marion Matthew C.J. and our faculty members, for giving us this opportunity, of learning and enjoying. We visited landmarks like, St. Xavier's College, Mary Mount Church, The Gateway of India, Marine Drive, Haji Ali, and the Iskon Temple. We were warmly welcomed by the faculty and students' council,of St. Xavier's College who introduced themselves and showed us a lovely power point presentation of the history of their

institution, its achievements and all the activities, that were a part of their learning process. We were taken on a round of the classes, the library, laboratories, showcasing their way of teaching and all the modern technologies, used to facilitate, the process.



We also saw a beautiful, creative exhibition on soft boards, on a variety of themes, like, 'An Unusual Day', 'Xmas', 'School for All', 'Be Environment Friendly' etc. There was a very lively, articulate, friendly and fruitful interaction, between us. We also somehow, managed to squeeze in a very short time, for some hurried shopping, for relatives and friends back home. The time came when we had to

return and though we were tired, we wanted more time to stay. We packed up for the departure and boarded the train again to leave for Allahabad. We waved our hands to bid goodbye to Mumbai, taking back memories, that we know will always remind us of the wonderful time we had together, with our teachers and friends.



Zebish Farheen B.Ed



Mohd Imran B.Ed



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Decorative border with repeating text in Hindi script.

Life in SHIATS

Education is the most important part of an individual's life. I take this as a privilege to share some of my experiences about my life in SHIATS, School of Education. Studying in B.Ed, helped me to enhance my knowledge, deepen my thinking capacity and creativity. The best thing was starting the day with the morning devotion. It was, indeed a challenge, to be able to put forth God's word, in the best possible way, everyday. This helped us to grow morally and become spiritually strong.

I can never forget the contribution of our teachers who worked very hard to make us better. Their love towards each individual was felt by us. Along with this there was a calm and peaceful discipline all around. Every student was respected and given importance. We were taught how to conduct ourselves well, while taking classes or preparing lectures, during our practice teaching. 'Learning through practice', is the best way to learn, and this system is practiced very well in the department. Every student is asked to practice what they have learnt. This has helped us to gain self confidence.

Being a social secretary in the college was a wonderful opportunity to learn and grow. I learnt to be responsible and got the wonderful opportunity to know many people, and build good relationships with them. I believe that all this will help me now and in the future. I am full of gratitude to God, for giving me this opportunity. I thank all for their love, concern and co-operation. It is only His grace and love that has brought me thus far.



Abeino Veyie, Social Secretary



PHOTO GALLERY

EACH ONE TEACH ONE

21 FEB.2013



FLOWER ARRANGEMENT

21 FEB.2013



1st-Flower Express



2nd-Yellow Petals



3rd-Lovely Group



Consolation-Fragrance

PHOTO GALLERY

VISIT TO ARAIL GHAT

22 FEB. 2013



SPORTS

6 MARCH 2013



HEBA BUTOOL B.Ed- SILVER



RAHILA JAVED B.Ed- BRONZE



NISHI PUTHRANA M.Ed -1st WOMENS DOUBLES(BADMINTON), 11th - March 2013

PHOTO GALLERY INTERNATIONAL WOMENS'DAY 11MARCH 2013



MEHNDI COMPETITION 12MARCH 2013





1ST-Km.Neetu



2nd-Akanksha Patel



3rd-Gulfishal Nigar

COLLAGE COMPETITION 18 MARCH 2013





1st-Women Power



2nd-Collage Express



3rd-Sweet Group



Consolation-Art Attack

RANGOLI COMPETITION 20 MARCH 2013





1st-Rangoli Express



2nd-Colourful Group



3rd-Star Group



Consolation-Art Group

SPLENDOUR 2012-13 23 MARCH 2013





PHOTO GALLERY

B.ED 2012-13





M.ED 2012-13



(COVER QUOTE BY POLAR CALMS)

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